Blueprint Stres Akademik

|  |  |  |  |
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| **Aspek** | **Butir** | | **Jumlah** |
| ***Favorable*** | ***Unfavorable*** |
| Tekanan Belajar | 3,13,23,33 | 8,18,28,38 | 8 |
| Beban Tugas | 5,25,15,35 | 10,20,30,40 | 8 |
| Kekhawatiran Terhadap Nilai | 24,4,14,34 | 9,19,29,39 | 8 |
| Ekspektasi Diri | 1,11,31,21 | 6,16,26,36 | 8 |
| Keputusasaan | 2,12,22,32 | 7,17,27,37 | 8 |
| Jumlah | | | 40 |

|  |  |  |  |  |
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| **Aspek** | **Valid** | | **Gugur** | |
| ***Favorable*** | ***Unfavorable*** | ***Favorable*** | ***Unfavorable*** |
| Tekanan Belajar | 13,23,33 | 8,28,38 | 3 | 18 |
| Beban Tugas | 25 | 10,20,30,40 | 5,15,35 | - |
| Kekhawatiran Terhadap Nilai | 14,24 | 19,29 | 4,34 | 9,39 |
| Ekspektasi Diri | 11,31,21 | 6,26,36 | 1 | 16 |
| Keputusasaan | 12,22,32 | 27 | 2 | 7,17,37 |
| Jumlah | 12 | 13 | 8 | 7 |